



THE EMPORIUM

VEGAN MENU

Monday - Saturday 11.30am - 9.30pm | Sunday 12 noon - 7.30pm



BREAKFAST & BRUNCH

Served 8.30am - 11.30am Monday - Saturday and 10am - 11.30am Sunday

Vegan Breakfast	£8.50
Grilled tomato, mushrooms, vegan sausages & spinach, served with toast	
Smashed Avocado	£5.95
Served simply on toasted rye bread	
Porridge	£4.95
Made with soya milk or water, served with blueberries or banana & maple syrup	
Fresh Fruit Platter	£4.95

BAKERY

Toast, choice of brown or white	
Crumpets	
Toasted English Muffin	
All served with jam	£2.25

SOUP & SANDWICHES

Soup of the Day	£5.00
Served with fresh bread	
Vegetarian Club	£9.00
Hummus, roast peppers, courgette, charred aubergine, red onion & rocket leaf	

NIBBLES

Mixed Olives (v)	£3.75
First press olive oil & garlic bruschetta with tomato & basil	
Baked Ciabatta & Dipping Oil	£3.75
Aged balsamic, first press olive oil	
Plain Garlic Bread	£5.50
Tomato Garlic Bread	£6.50
Vegan Mozzarella Garlic Bread	£7.00
Our garlic bread is made with garlic puree	
Baked Nachos	£4.50/£8.00
Topped with salsa, jalapeños & guacamole	

PLANKS & SALADS

Mediterranean Plank	£8.00/15.00
Roasted Mediterranean vegetables, figs, marinated sunchoke, olives, olive oil crostinis, rocket leaf and sun blushed tomatoes	
Vegan Poke Bowl	£9.50
Citrus infused cous cous, baby leaf spinach, edamame, avocado, spiralised beetroot & cucumber, topped with roasted Mediterranean vegetables and dressed in olive oil and lemon	
Apple & Pistachio Salad	£9.00
Crisp apple, toasted pistachio, spinach and seasonal leaves and balsamic figs, dressed in olive oil	

LITTLE & LARGE

Mushroom Risotto	£8.00/£11.00
Woodland mushrooms, truffle oil & fine herbs	
Roasted Courgette, Artichoke & Sweet Pea Risotto	£8.00/£11.00
Chilli, truffle & fine herbs	
Penne Prima Vera	£8.00/£11.00
Roasted peppers and courgettes tossed in tomato sauce & olives	
Penne & Mushroom	£8.00/£11.00
Spinach and king oyster mushrooms in white wine, garlic & olive oil with fine herbs	

SIDES

All **£3.75**

Chunky Chips
Fries
Rocket Salad
House Salad
Minted New Potatoes
Seasonal Vegetables
Fine Beans with Toasted Pine Nuts
Sauteed Broccoli, Chilli & Garlic

BEAT ^{the} CLOCK PIZZA & LITTLE & LARGE

Sunday to Friday 4.30pm - 6.30pm

The time you order is the price you pay + £1.00. For the sake of the till system, the time has been split into 15 minute segments and you will be charged at the nearest interval. Speak to a member of staff for more details.

Extra toppings from 70p each, see below.

STONE BAKED PIZZA

Our pizzas are cooked with vegan style mozzarella, if you'd prefer the pizza without this, just ask!

Mediterranean Vegetable	£10.00
Fresh chilli	
Funghi	£10.00
Forest mushrooms & garlic topped with fresh basil	
Caprino	£10.00
Red peppers, red onion marmalade, toasted pine nuts & Rocket leaf	
Margherita	£9.50
Sun-blush tomatoes & fresh basil	
Capricciosa	£10.50
Olives, artichokes & forest mushrooms	
Vegan Calzone	£11.50
Italian oven baked folded pizza roasted vegetables, fresh basil and chilli's, mushrooms, tomato sauce & vegan mozzarella	

Allergens advice: Please inform us if a person in your party has a food allergy. Our staff will advise you of the ingredients within a dish or as our food is freshly prepared on the premises the chefs may be able to tailor a dish to meet your requirements. Please note: Our salad dressings contain honey. Olive oil and balsamic vinegar dressing available on request.



THE EMPORIUM

MADE WITHOUT GLUTEN MENU

Monday - Saturday 11.30am - 9.30pm | Sunday 12 noon - 7.30pm

PLEASE NOTE: Many of our ingredients are sourced from local suppliers which may have traces of gluten. Oats are produced in same factory as other wheat products and we also produce our own pizzas here on site, a 100% guarantee cannot be given.

TO START

Soup of the Day	£5.00
Freshly made & forever changing, served with gluten free bread	
Salad Caprese	£7.00
Torn burrata & ripe plum tomatoes with first press olive oil & aged balsamic, fresh basil & black pepper	

Harissa Spiced King Prawns	£8.50
Gluten free crostini, mango, cucumber & coriander salad, garlic and chilli butter	
Smoked Haddock	£7.00
Curry spiced creamed leeks, poached hen's egg & parsley	
Gluten Free Bruschetta	£7.00
Gorgonzola, fig and prosciutto ham, rocket and pecorino salad	

NIBBLES

Boscaiola Olives (v)	£3.75
Big green olives marinated with peppers, mushrooms & herbs	
Baked Camembert	£11.00
Truffle oil, honey & rosemary, gluten free crostini	
Baked Gluten Free Breads & Dipping Oil (v)	£3.75
Aged balsamic, first press olive oil & pesto	
Plain Garlic Bread (v)	£4.75
Cheese Garlic Bread	£6.25
Tomato Garlic Bread	£5.75
Parmesan & Rosemary Garlic Bread	£7.25
Gluten Free Nachos	£6.00
Salsa, jalapeños, melted cheese, sour cream & guacamole	
Smoked Mozzarella & Plum Tomato	£4.50
Gluten free croutes, first press olive oil & garlic	
Serrano & Cantaloupe Sweet melon	£4.75
Thinly carved Spanish air-dried ham, balsamic	

SANDWICHES

All served on gluten free bread

Cajun Spiced Chicken	£8.00
Blackened Cajun chicken, tomato salsa, lime & sour cream	
Roast Vegetable	£7.00
Roasted peppers, aubergine, courgette, red onion, hummus, tomato & gem lettuce	
Cheese and Ham	£7.50
Treachle baked hand-carved ham, Lancashire cheese, dijon mustard	
Tuna & Cheese Melt	£7.50
Tuna mayonnaise & Lancashire cheese with red onion	
Philly Cheese Steak	£9.00
Thinly sliced beef loin with fried onions & green peppers, mushrooms, provolone cheese	

MAINS

Duck Cassoulet	£12.95
Slow cooked & crispy duck legs, chorizo & butter bean cassoulet, fine herbs	
Slow Cooked Lamb Shoulder	£16.00
Harissa spiced matbucha sauce, marinated roasted vegetables & sweet potato	
Chicken & Chorizo Gluten Free Penne Pasta	£13.00
Arrabiata sauce & torn basil	
Cod Provençal	£16.50
Supreme of cod baked in plum tomato, fennel, lemon, olives, parsley & grilled tender-stem broccoli	
Soy Glazed Tuna Loin Steak	£17.00
Cucumber & asparagus shaved salad & wild rice	
Market Fish Broth	£16.00
Chilli, pesto & garlic, selection of market fish, gluten free bread & aspen fries	

Sirloin Steak (225g)	£22.50
28 day dry aged, served with grilled plum tomato, watercress, field mushroom & chunky chips	
Choice of sauce	£2.50
Peppercorn • Blue Cheese • Café de Paris Butter	

SIDES

Caprice Salad	£4.00
Aspen Fries	£4.00
Sautéed Broccoli, Chilli & Garlic	£4.00
Any Of The Below	£3.75
Chunky Chips, Fries, Rocket & Parmesan Salad, House Salad, Buttered New Potatoes, Honey Glazed Seasonal Vegetables, Fine Beans with Toasted Pine Nuts	

AVAILABLE IN
BEAT the CLOCK
Sunday to Friday 4.30pm - 6.30pm



LITTLE & LARGE

Moules Frites	£9.00/ £12.00
Garlic cream & herb drenched mussels, French fries, gluten free bread & garlic aioli	
Chicken & Mushroom	£9.00/ £12.00
Gluten free pasta, chicken & king oyster mushrooms in white wine & garlic sauce with fine herbs	
Penne Prima Vera	£8.00/ £11.00
Roasted peppers & courgette, tossed in tomato, garlic & olives	
Roasted Courgette, Artichoke & Sweet Pea Risotto	£9.00/ £12.00
Chilli, parmesan, smoked mozzarella	
Chicken Caesar Salad	£9.50/ £12.50
Crisp gem, pancetta, anchovies & parmesan shavings tossed in Caesar dressing	

STONE BAKED PIZZA

Our pizzas are made with stone baked gluten free pizza dough, we endeavour to meet all allergen needs, but the pizzas are cooked in our usual oven so will contain traces of gluten.

Margherita (v)	£7.00 / £9.00
Buffalo mozzarella, sun blushed tomatoes & fresh basil	
Cotto	£8.50 / £10.50
Classic ham & mozzarella cheese	
Caprino (v)	£9.00 / £11.00
Goat's cheese, roast peppers, red onion marmalade, rocket leaf & toasted pine nuts	
Americano	£9.00 / £11.50
Pepperoni & fresh chilli's topped with a baked egg	
Capricciosa	£9.50 / £11.50
Prosciutto ham, olives, artichokes, pepperoni & mushrooms	
Espanola	£9.00 / £11.00
Spiced chicken, roast red peppers & chorizo topped with fresh basil	
Piccante	£9.00 / £11.00
Pepperoni, red onions & jalapeños	
Chilli Prawn	£10.50 / £12.50
King prawns, crayfish tails & fresh chilli	
Capo	£8.50 / £10.50
Prosciutto ham, olives & mozzarella cheese	
Funghi (v)	£8.00 / £10.00
Forest mushrooms & garlic topped with mascarpone & fresh basil	
SALADS	
Tuna Niçoise	£14.95
Pan seared tuna loin, gem hearts, soft boiled hen's egg, new potatoes, fine beans & cherry tomatoes	
Poke Bowl	£9.00
Wild rice, baby spinach, edamame beans & avocado, spiralised beetroot, cucumber dressed with mint yoghurt	
Choose your topping;	
Chargrilled Chicken	£4.00
Roast Mediterranean Vegetables	£2.00
Soft Boiled Eggs	£1.00
Feta Cheese	£2.00
Prawns & Marie-Rose	£3.00

