

THE — EMPORIUM

ALL DAY MENU

Monday - Saturday 11.30am - 9.30pm | Sunday 12 noon - 7.30pm

NIBBLES

Boscaiola Olives (v) \$3.75 Big green olives marinated with peppers, mushrooms & herbs

Baked Camembert £11.00
Truffle oil, honey & rosemary, crostini

Baked Ciabatta & Dipping Oil (v) \$3.75 Aged balsamic, first press olive oil & pesto

Plain Garlic Bread (v) \$4.75 Cheese Garlic Bread (v) \$6.25 Tomato Garlic Bread (v) \$5.75 Parmesan & Rosemary Garlic Bread (v) \$7.25

Grissini & Prosciutto Ham \$6.00

Italian bread sticks wrapped in air dried ham, pesto dipping sauce

Smoked Mozzarella & Plum Tomato \$4.50 Bruschetta (v)

First press olive oil & garlic

Serrano & Cantaloupe & 4.75 Sweet melon, thinly carved Spanish air dried ham, balsamic

Halloumi Chips (v) \$6.00 Siracha mayonnaise

Baked Nachos (v) \$6.95 Topped with salsa, jalapeños, melted cheese, guacamole & sour cream

SALADS

Tuna Niçoise £14.95

Pan seared tuna loin, gem hearts, poached hen's egg, new potatoes, fine beans & cherry tomatoes

Poke Bowl (v) \$9.00

Citrus infused couscous, baby spinach, edamame beans, avocado, spiralised beetroot, cucumber dressed with mint yoghurt

Choose your topping;

Chargrilled Chicken \$3.00
Roast Mediterranean Vegetables (v) \$2.00
Soft Boiled Eggs \$1.00
Feta Cheese (v) \$2.00
Prawns & Marie-Rose \$3.00

BOARDS Served for one / two or more

Cheese & Pâté Board \$8.50/ \$15.00 Sandham's Lancashire cheese, Garstang white brie, chicken liver pâté, tomato chutney, grapes & crusty farmhouse bread

Italian Mezze Board (v) \$8.50/ \$15.00

Bocconcini, gorgonzola, boscaiola
olives, marinated sunchokes, fig,
rocket leaf, sun-blushed tomato &
pecorino salad, grissini & crostini

Lamb Barahat \$9.00/ \$16.00 Middle eastern spiced fragrant slow cooked lamb, grilled aubergine & courgette,

hummus, olives, tzatziki, toasted flat bread

Seafood Platter \$9.00/ \$16.00

Haddock goujons, smoked salmon, prawns & Marie-Rose, granary bread, tartare sauce & pickled cucumber

SANDWICHES

A selection of hearty sandwiches all served with a dressed salad garnish.

Cajun Spiced Chicken Wrap \$8.00 Blackened Cajun chicken, toasted tortilla wrap, tomato salsa, lime & sour cream

Roast Vegetable Wrap (v) &7.00

Roasted peppers, aubergine, courgette, red onion, za'atar mayonnaise, tomato & gem lettuce

Croque Monsieur £7.50

Treacle baked hand-carved ham, Lancashire cheese & dijon mustard, buttered & grilled on ciabatta

Tuna & Cheese Melt £7.50

Tuna mayonnaise & Lancashire cheese with red onion, grilled on ciabatta

Fish Finger Sandwich \$8.50

Panko coated haddock fish fingers, gem lettuce, plum tomato & tartare sauce

Cowman's pork & red onion sausage, melted Sandham's Lancashire cheese & homemade brown sauce on toasted ciabatta

Philly Cheese Steak \$9.00

Thinly sliced beef loin with fried onions, green peppers, mushrooms & Provolone cheese on grilled ciabatta

BEAT the CLOCK PIZZA & LITTLE & LARGE

Sunday to Friday 4.30pm - 6.30pm

The time you order is the price you pay + £1.00. For the sake of the till system, the time has been split into 15 minute segments and you will be charged at the nearest interval. Speak to a member of staff for more details.

Extra toppings from 70p each, see below.

STONE BAKED PIZZA

regular / large

£7.00 / £9.00

Margherita (v)

Buffalo mozzarella, sun blushed tomatoes & fresh basil

Cotto \$8.50 / \$10.50

Classic ham & mozzarella cheese

Goat's cheese, roast peppers, red onion marmalade, rocket leaf & toasted pine nuts

Americano \$9.00 / \$11.50

Pepperoni & fresh chilli's topped with a baked egg

Capricciosa \$9.50 / \$11.50
Prosciutto ham, olives, artichokes,

pepperoni & mushrooms

Espanola \$9.00 / \$11.00

Spiced chicken, roast red peppers

& chorizo topped with fresh basil

Piccante \$9.00 / \$11.00

Pepperoni, red onions & jalapeños

Chilli Prawn \$10.50 / \$12.50

King prawns, crayfish tails & fresh chilli

Prosciutto ham, olives & mozzarella cheese

Funghi (v) \$8.00 / \$10.00

Forest mushrooms & garlic topped with mascarpone & fresh basil

LITTLE & LARGE

Menu available all day

See Overleaf

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Regular \$7.00 / Large \$9.00

Pepperoni, Spiced Chicken, Chorizo, King Prawns (£0.60 Supplement), Crayfish Tails, Prosciutto Ham, Goat's Cheese, Baked Eggs, Buffalo Mozzarella, Classic Ham

£1.00 each

Mushrooms, Red Onion Marmalade, Fresh Chillie's, Artichokes, Olives, Sun Blushed Tomatoes, Roast Peppers, Red Onions, Jalapeños, Fresh Basil, Rocket Leaf, Pesto, Mascarpone, Pine Nuts

70p each

Please inform a member of staff if anyone in your party has a food allergy or intolerance before ordering. We can then advise you about our ingredients. Please note that as allergenic ingredients, including nuts, are present in our kitchen, we are not able to guarantee that any dish can be made 100% allergen free. Fish dishes may contain bones.



Lunch 12 noon - 2.30pm | Dinner 6.30pm - 9.30pm | Sunday 12 noon - 7.30pm

APÉRITIFS

Long Island Iced Tea	£8.00
Cherry Bakewell	£8.50
Espresso Martini	£8.50
Mixed Berry Daiquiri	\$8.00
Pornstar Martini	\$8.00
Aperol Spritz	£6.50
Pimm's & Lemonade	£7.50

TO START

Soup of the Day	£5.00
Freshly made & forever changing,	
served with farmhouse bread	

Ham Hock Fritters	£6.95
Celeriac-slaw, parsley mayonnaise &	

apple salad	
Terrine of Pulled Chicken,	£7.00

Black-Pudding & Pistachio Granary toast, house chutney

Smoked Haddock Rarebit &7.00
Curry spiced creamed leeks, poached hen's egg & parsley

Harissa Spiced King Prawns \$8.50

Torn flat bread, mango, cucumber & coriander salad, mango & lime dressing

Ricotta & Nutmeg Ravioli (v) &7.50 Preserved mushrooms, crispy artichokes, brown butter & basil

Salad Caprese (v) \$7.00 Torn burrata & ripe plum tomatoes with first press olive oil & aged balsamic, fresh basil & black pepper

SIDES

Caprice Salad (v)	£4.00
Aspen Fries	£4.00
Sautéed Broccoli, Chilli & Garlic (v)	£4.00

Any of the below \$3.75

Chunky Chips

Fries

Rocket & Parmesan Salad (v)

House Salad (v)

Buttered New Potatoes (v)

Honey Glazed Seasonal Veg (v)

Fine Beans with Toasted Pine Nuts (v)

MAINS

Duck Cassoulet	£12.95
Slow cooked & crispy duck legs, chori	zo &
butter bean cassoulet, fine herbs	

Slow Cooked Lamb Shoulder \$16.00 Harissa spiced matbucha sauce, marinated & roasted vegetables, sweet potato, cumin yoghurt

Honey, Garlic & Oregano Glazed \$16.00 Goosnargh Chicken Breast Lemon & coriander cous cous, roast red

pepper dressing, crispy courgette & greens

Chicken & Chorizo Rigatoni \$13.00 Arrabiata sauce & torn basil

Calzone Pollo - \$12.50
Italian Oven Baked Folded Pizza
Spiced chicken, pulled ham hock,
mushrooms, peppers, tomato sauce &
smoked mozzarella

Cod Provençal £16.50

Supreme of cod baked in plum tomato, fennel, lemon, olives & parsley, grilled tender-stem broccoli, & parmesan rouille

Herb Gnocchi Sautéed £13.95 with Edamame (v)

Tender-stem & king oyster mushroom, truffle & pecorino, red pepper dressing

Soy Glazed Tuna Loin Steak \$17.00 Cucumber & asparagus shaved salad,

wild rice, peanut sambal

Market Fish Broth \$16.00

Chilli, pesto & garlic, selection of market fish, parmesan crust, warm bread & aspen fries

28 day dry aged, served with grilled plum tomato, watercress, field mushroom & chunky chips

Choice of sauce \$2.50

Peppercorn • Blue Cheese • Café de Paris Butter

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LITTLE & LARGE

Lemon & Pepper Chicken

Goujons \$8.00/\$11.00 Garlic & herb mayonnaise, rocket leaf salad

Moules Frites \$9.00/ \$12.00 Garlic cream & herb drenched mussels,

French fries, crusty bread & garlic aioli Chicken & Mushroom \$9.00/\$12.00

Fettuccine
Chicken & king oyster mushrooms in white
wine & garlic sauce with fine herbs

Rigatoni Primavera (v) \$8.00/\$11.00 Roasted peppers & courgette, tossed in tomato, garlic & olives

Roasted Courgette, Artichoke \$9.00/ \$12.00 & Sweet Pea Risotto (v)

Chilli, parmesan, smoked mozzarella

Chicken Caesar Salad \$9.50/\$12.50 Crisp gem, pancetta, anchovies, croutons & parmesan shavings tossed in Caesar dressing

DESSERTS

& crackers

Baked by Bowland	£6.00
Sticky Toffee Pudding (v)	
Butterscotch sauce, vanilla ice cream	

Warm Chocolate Brownie (v)	£6.50
Chocolate fudge sauce, caramel	
honeycomb ice cream	

Crème Brûlée of the Day (v) \$6.00 Shortbread biscuits

Cheese & Crackers \$9.00 Selection of British & continental cheeses, celery, chutney, grapes

Selection of Ice Creams & Sorbets (v) &5.00 Rossini biscuits, fresh berries

Café Gourmand (v) \$7.95 Assiette of miniature desserts, with a coffee of your choice

Bowland Food Hall Specials

See our specials board for our choice of Food Hall produced desserts

